

Welcome.

INTEGRIS Health is proud to welcome you to a new era of personalized health care that's all about ... you.

INTEGRIS & Me provides an ever-growing suite of intuitive, powerful and secure tools to manage your health care in the way that only you can, whenever and wherever it suits you.



[integrisandme.com](https://www.integrisandme.com)

Need support? Have questions?
Please call 844-843-1500.

Activate your account

To access INTEGRIS & Me features, use your 15-character activation code or complete self activation at the time of new account creation.

You may find your activation code in many ways.

- On your printed summary after a doctor visit
- On your billing statement
- Contact your physician's office
- Call 844-843-1500

To register a new INTEGRIS & Me account visit [integrisandme.com](https://www.integrisandme.com) to create your user ID and password. Then download the INTEGRIS & Me app via the iPhone App Store or Google Play. Log in with your new ID and password.



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[integrisandme.com](https://www.integrisandme.com)



Sign up for
INTEGRIS & Me to manage
your health care records
anytime, in one place.



Communicate with your care team

Send a message directly to your medical team and get a secure response within two business days.



Manage your medical information

View past appointments, check test results and use a calendar to manage medications, goals and upcoming health-related events.



Renew pharmacy prescriptions

Manage and request renewals for any of your pharmacy prescriptions online.



Manage your appointments

Simply log on and directly schedule or send a request with dates and times that work best for you.



View lab and test results

Lab and test results are sent straight to your account within two business days after they are received by your doctor.



Pre-registration

Complete most of the check-in process from home like paying visit copays, and verifying allergies and medications.



Pay your bills online

Easily pay your INTEGRIS bills online.



Video chat with a health care provider

INTEGRIS Health Virtual Visit brings you board-certified physicians and nurse practitioners via online video chat, anytime, anywhere in Oklahoma.



Fast Pass

Join the wait list and move appointments to an earlier date or time after being notified that a slot is available.



Touch ID

Use your fingerprint to sign in.