Community Health Improvement Plan

(For Fiscal Years 2023, 2024, 2025)

Lakeside Women's Hospital

Access to Care • Access to Healthy Food • Tobacco

INTEGRIS HEALTH

INTEGRIS HEALTH

INTEGRIS Health
Mission, Vision and Values

Mission

Partnering with people to live healthier lives.

Caring for our patients is our top priority. As the largest health care system in Oklahoma, we feel it's our responsibility to improve the health of the citizens of our great state. But we learned a long time ago that we can't fully care for our community by staying exclusively within the walls of our facilities.

At INTEGRIS Health, caregivers take their education and skills into the community to make a difference in the lives of fellow Oklahomans. Their dedication, combined with our resources, helps accomplish a variety of things – from providing free clinical services, screenings, and education programs to working with juvenile offenders and providing activities for senior citizens.

We also realize the health of a community isn't just physical and mental – it's economic and spiritual as well. That's why we offer a myriad of programs that address all these important issues.

Vision

Most Trusted Partner for Health

Values

iCare

Integrity, Compassion, Accountability, Respect and Excellence

Executive Summary

The Patient Protection and Affordable Care Act (ACA) requires each not-for-profit hospital to conduct a Community Health Needs Assessment (CHNA) every three years to identify significant health needs in the community, to report impact of previous community health improvement initiatives, and to develop an implementation plan to address and measure community health activities created to address the significant health needs.

INTEGRIS Health reports compliance with the requirements on the IRS Form 990 Schedule H annually. INTEGRIS Health created CHNA reports and implementation plan for Lakeside Women's Hospital. Documents were made available to the public.

INTEGRIS Health collaborated with local community partners on the CHNA. The results identified Access to Education, Access to Meaningful Employment, Access to Healthy Food and Access to Healthcare as the priority issues. Lakeside Women's Hospital chose to focus on Access to Care, Access to Healthy Food and Tobacco as the identified priority issues.

The hospitals have limited resources, not every health indicator which has an identified need for improvement will be directly addressed. Those community needs identified, but not "prioritized" for improvement included the following:

- Access to Education
- Access to Meaningful Employment

The issues were chosen based on state and local data, surveys, identifiable gaps, available resources, and input from small focus groups. In 2021, four non-profit hospitals engaged in a joint Community Health Needs Assessment: INTEGRIS Health, Mercy Hospital Oklahoma City, OU Health, and SSM Health St. Anthony. Surveys were collected across Oklahoma County and broken down to identify needs in specific areas.

Lakeside Women's Hospital has developed a three-year Community Health Improvement Plan (CHIP) designed to meet the needs of the community based on the results of the CHNA which was completed in January of 2022. The plan aligns with INTEGRIS Health pillars of excellence.

This implementation plan addresses the following priority issues.

- Access to Care
- Access to Healthy Food
- Tobacco

During this plan cycle, INTEGRIS Health will collaborate with community partnerships to improve the health for low-income, underserved and uninsured populations. INTEGRIS Health is committed to the successful completion of the CHIP, utilizing a collaborative, systemwide approach. Outcome measures will be tracked quarterly and annually through the evaluation process.

Oklahoma Health Need Priorities

INTEGRIS Health Managed Facilities- Oklahoma City Metro

INTEGRIS Baptist Medical Center	INTEGRIS Canadian Valley Hsopital	INTEGRIS Health Edmond	INTEGRIS Southwest Medical Center
•Access to Care •Acces to Healthy Food •Tobacco	•Access to Care •Acces to Healthy Food •Tobacco	•Access to Care •Acces to Healthy Food •Tobacco	•Access to Care •Acces to Healthy Food •Tobacco

INTEGRIS Health Managed Facilities- Regional

INTEGRIS Bass Baptist Health Center	INTEGRIS Grove Hospital	INTEGRIS Miami Hospital
•Access to Care •Acces to Healthy Food •Tobacco	•Access to Care •Acces to Healthy Food •Tobacco	•Access to Care •Access to Healthy Food •Tobacco

INTEGRIS Health Joint Venture Hospitals

HPI Community Hospital North

- Access to Care
- Access to Healthy Food
- Tobacco

HPI Community Hospital South

- Access to Care
- Access to Healthy Food
- Tobacco

HPI Northwest Surgical Hospital

- Access to Care
- Access to Healthy Food
- Tobacco

INTEGRIS Community Hospital Council Crossing

- Access to Care
- Access to Healthy Food

INTEGRIS Community Hospital Del City

- Access to Care
- Access to Healthy Food

INTEGRIS Community Hospital Moore

- Access to Care
- Access to Healthy Food

INTEGIS Community Hospital OKC West

- Access to Care
- Access to Healthy Food

Oklahoma Center for Orthopaedic & Multi-Specialty Surgery

- Access to Healthy Food
- Tobacco
- Obesity

Lakeside Women's Hospital

- Access to Care
- Access to Healthy Food
- Tobacco

Community Health Priority Issue: ACCESS TO CARE

Lack of access to affordable and timely medical care was a reverberating theme throughout the assessment process. Access to comprehensive, quality health care services is important. It promotes and maintains good health, prevents and manages diseases, reduces unnecessary disability and premature death, and encourages health equity. Good health also requires oral and mental health care access. Three components of access are insurance coverage, health services, and timeliness of care. Potential barriers include high cost of care, underinsured or uninsured, lack of primary or specialty services, and culturally sensitive care. The uninsured and underinsured populations experience delays in receiving timely care, lack the ability to receive preventive measures, and seek care in the local emergency rooms, which results in preventable hospital admissions. In Oklahoma, it's estimated that 17% of people are without insurance. (1)

(1) County Health Rankings & Roadmaps. Oklahoma. 2021 State Level Data and Ranks

Access to Care

Hospital Resources: free community clinic, budget for screening supplies, screening staff, volunteers, free community screening services and coordination

Program	Supporting Activities	Current/Potential Partnerships	Yearly Targets
INTEGRIS Mobile Care Clinic	Offer free community screenings and establish patient medical homes	• Lynn Institute • Guatemalan Consulate • Crossings Community Clinic • Metro Technology Centers	• FY 2023: At least 50 persons served • FY 2024: Increase by 25% • FY 2025: Increase by 25%
Partnerships with local coalitions	Support local efforts with coalitions who support, prevent, and educate on increasing access to care	• Central Oklahoma Health Impact Team • Healthy Start Fatherhood Initiative Coalition • Central Oklahoma Wellness Alliance • Healthy Hopeful Community Collaborative	• FY 2023: Create three new partnerships • FY 2024: Collaborate on one event • FY 2025: Collaborate on two events

Community Health Priority Issue: ACCESS TO HEALTHY FOOD

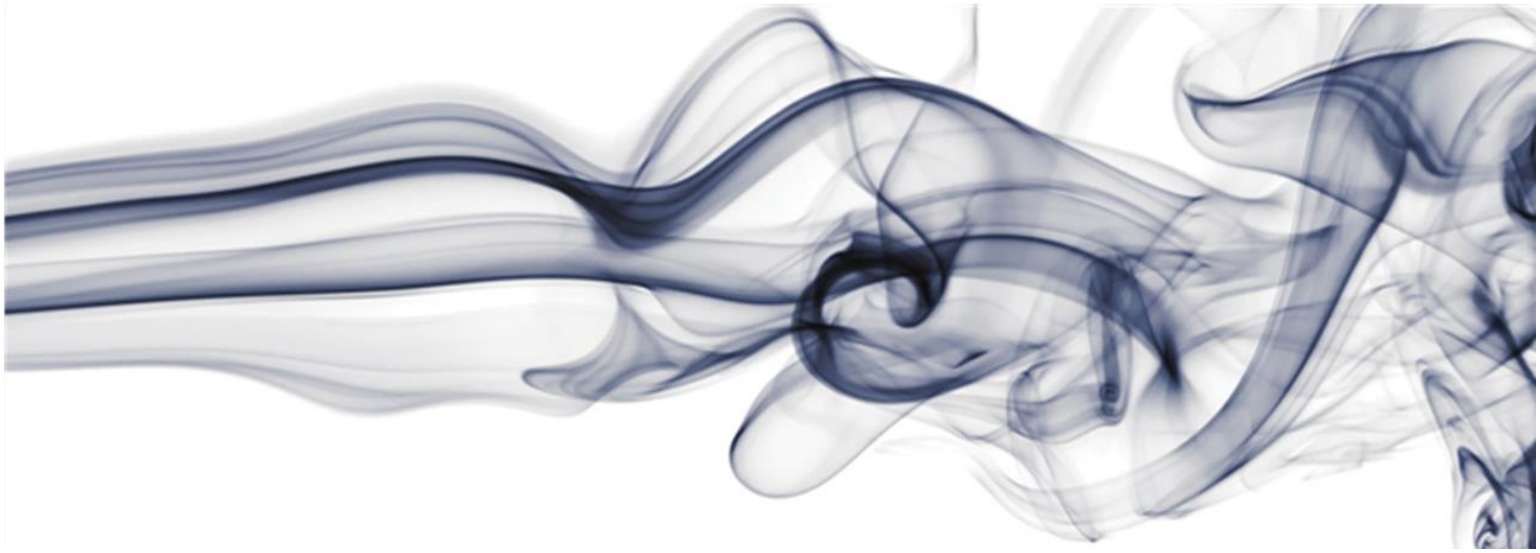
In Oklahoma, the food environment index (index of factors that contribute to healthy food environment) is 5.8 compared to 7.8 nationwide. (1) Hunger affects people of all walks of life. Community survey results identified access to healthy food as an issue and scored high in both survey forms. Therefore, we will continue to partner with the local food banks and pantries across the system to address hunger and malnutrition in the state.

(1) County Health Rankings & Roadmaps. Oklahoma. 2021 State Level Data and Ranks

Access to Healthy Food

Hospital Resources: free community clinic, budget for screening supplies, screening staff, volunteers, food outlets/pantries, community food insecurity screening services and coordination

Program	Supporting Activities	Current/Potential Partnerships	Yearly Targets
INTEGRIS I-CREW	Hospital staff volunteer their time to work at local food bank/outlet/pantries	• Regional Food Bank of Oklahoma • BritVil Community Food Panty	• FY 2023: Establish two partnership opportunities • FY 2024: Offer one I-CREW event • FY 2025: Offer two I-CREW events
Food Bank Programs	Support local food bank programs through donations, food drives and financial support	• Regional Food Bank of Oklahoma • Stanley Hupfeld Academy • Infant Crisis Services • BritVil Community Food Panty	• FY 2023: Coordinate one food drive • FY 2024: Coordinate one food drive and participate in Hunger Action Month • FY 2025: Coordinate two food drives
Partnerships with local coalitions	Support local efforts with coalitions who support and increase access to healthy food	• Central Oklahoma Health Impact Team • Central Oklahoma Wellness Alliance • Healthy Hopeful Community Collaborative	• FY 2023: Create three new partnerships • FY 2024: Collaborate on one event • FY 2025: Collaborate on two events



Community Health Priority Issue: TOBACCO

Although tobacco was not specifically identified by the community as a priority issue, INTEGRIS Health chose to continue addressing the issue. The state of Oklahoma continues to have an "F" in heart disease deaths and a grade of "D" in the incidence of lung cancer. (2) Oklahoma is one of the unhealthiest states in the nation. Each year 7,500 adults die from their own smoking. (3) With the expansion of vaping and electronic cigarettes, nicotine addiction remains an important issue. 31.1% of cancer deaths in Oklahoma can be attributed to smoking. (3) Tobacco use in Oklahoma costs $1.62 billion in direct health care costs. (3)

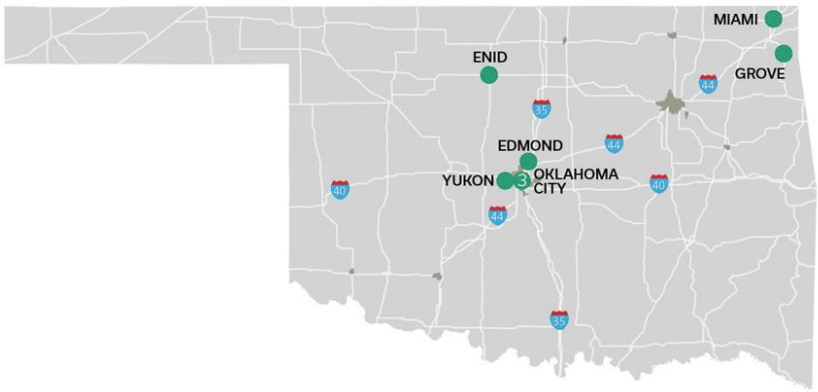
(2) Oklahoma State of the State Health Report. Indicators. 2019
(3) Tobacco Free Kids. Oklahoma State Report. 2022

Tobacco

Hospital Resources: educational material, referral system, employee assistance program, Arcadia Trails Tobacco Treatment Research Program, financial support

Program	Supporting Activities	Current/Potential Partnerships	Yearly Targets
Oklahoma Tobacco Helpline Referrals	Assess and refer every hospital admission including ambulatory to the Oklahoma Tobacco Helpline	• Oklahoma Hospital Association • Oklahoma Tobacco Helpline	• FY 2023: 25 fax referrals • FY 2024: Increase by 10% • FY 2025: Increase by 10%
Social Media Campaigns	Support and promote tobacco use prevention campaigns	• American Cancer Society • OK to Quit • American Lung Association • TSET	• FY 2023: Establish two partnership opportunities • FY 2024: Promote one campaign on hospital social media • FY 2025: Promote two campaigns on hospital social media
Partnerships with local coalitions	Support local efforts with coalitions who support, prevent, and educate on tobacco use prevention	• Central Oklahoma Health Impact Team • Healthy Start Fatherhood Initiative Coalition • Central Oklahoma Wellness Alliance	• FY 2023: Create two new partnerships • FY 2024: Collaborate on one event FY 2025: Collaborate on two events

Facilities



Facilities required to have a Community Health Improvement Plan

HPI Community Hospital North

HPI Community Hospital South

HPI Northwest Surgical Hospital

INTEGRIS Baptist Medical Center

INTEGRIS Canadian Valley Hospital

INTEGRIS Community Hospital Council Crossing

INTEGRIS Community Hospital Del City

INTEGRIS Community Hospital Moore

INTEGRIS Community Hospital OKC West

INTEGRIS Health Edmond

INTEGRIS Southwest Medical Center

Lakeside Women's Hospital

Oklahoma Center for Orthopaedic Multi-Specialty Surgery

Regional Facilities

INTEGRIS Bass Baptist Health Center, Enid

INTEGRIS Grove Hospital

INTEGRIS Miami Hospital

Link to all facilities' CHIPs: https://integrisok.com/about-integris/serving-our-community/reports

INTEGRIS
HEALTH

Community Health Improvement Plan FY 2023-2025

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Community Benefit